

BEFORE SOCCER SCHOOL



WEAR CLEAN KIT.



BRING YOUR OWN (SMALL) HAND SANITISER.

PUT YOUR NAME ON IT.



BRING YOUR OWN WATER BOTTLE AND PACKED LUNCH.

PUT YOUR NAME ON IT.



WASH YOUR HANDS WITH SOAP AND WATER. (20 SECONDS)

BEFORE LEAVING FOR TRAINING.

ARRIVING AT SOCCER SCHOOL



TIE YOUR LACES OR ASK YOUR PARENT TO HELP.

ENSURE WHEN QUEUING ON ARRIVAL YOU SOCIALLY DISTANCE.



GET A THUMBS UP FROM YOUR COACH TO MOVE INTO THE 'SAFE AREA'.



PUT YOUR BELONGINGS IN YOUR 'SAFE AREA'.



APPLY SOME HAND SANITISER.



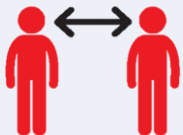
YOUR COACH WILL TELL YOU WHAT TO DO NEXT.

DURING SOCCER SCHOOL



DO NOT TOUCH EQUIPMENT WITH YOUR HANDS.

3 STEPS



REMAIN 3 STEPS APART FROM ANYONE ELSE.



COVER YOUR MOUTH AND NOSE WITH A TISSUE OR YOUR SLEEVE (**NOT YOUR HANDS**) WHEN YOU COUGH OR SNEEZE.



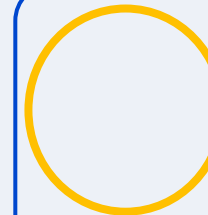
PUT YOUR TISSUE IN THE BIN IMMEDIATELY AND USE YOUR HAND SANITISER.



IF YOU NEED BASIC FIRST AID TREATMENT YOUR COACH WILL HELP YOU.

SERIOUS INJURY
STAY WHERE YOU ARE AND DO NOT TRY TO MOVE. YOUR COACH WILL HELP YOU.

AFTER SOCCER SCHOOL



RETURN TO YOUR 'SAFE AREA'.



APPLY SOME HAND SANITISER.



GET A THUMBS UP FROM YOUR PARENT AND COACH BEFORE LEAVING THE 'SAFE AREA'.